

Meet Valerie Rainman RN, BA, CSN

It's been my privilege to be a school nurse since 1992. Currently I serve K-4 and preschool but have served K-12 and pre-school during that time. I have been a KSNO Board Member since 1994 serving as Membership Chair, Newsletter Editor, KSNO President and currently serving as District 4 Representative. My husband is Joe, a retired DVM and I have two step-children, Samantha, a teacher and Kermit, a policy analyst. Prior to my nursing career I earned degrees in Spanish and French. I studied abroad at the University of Valencia, Spain and attended graduate school at the Monterey Institute of International Studies. I have enjoyed teaching Spanish and French at GCCC since 1994. In my spare time, I can be found networking with other school nurses, traveling, reading and working out.

Valerie was the subject of a feature article in the Garden City Telegram:

*Rainman: boosts health, shed pounds.* Read the full text of the article at

<http://www.gctelegram.com/news/Neighbors-Rainman-4-27-09#email-friend>