

## School Nurse Resources for Diabetes

*This document was created to support the role of the school nurse in diabetes management in schools. It was written through a collaboration of school/public health nurses from school districts across Kansas (School Nurse Advisory Committee) and child health partners from local health departments, Kansas Department of Health & Environment's Bureau of Health Promotion and Children and Families Section.*

**The following Web sites provide diabetes information and support for Kansas.**

Kansas Diabetes Action Council     <http://kansasdiabetesactioncouncil.org/>

American Diabetes Association – Kansas City     <http://www.diabetes.org/in-my-community/local-offices/kansas-city-kansas/>

American Diabetes Association – Wichita     <http://www.diabetes.org/in-my-community/local-offices/wichita-kansas/>

Children's Mercy Hospital, Department of Endocrinology and Diabetes  
[http://www.childrensmercy.org/Clinics\\_and\\_Services/Clinics\\_and\\_Departments/Endocrinology\\_and\\_Diabetes/](http://www.childrensmercy.org/Clinics_and_Services/Clinics_and_Departments/Endocrinology_and_Diabetes/)

<https://www.childrensmercy.org/childhood-diabetes/>

**The following Web sites provide diabetes information and support for school nurses.**

1. NASN
  - a. <http://www.nasn.org/ToolsResources/DiabetesinChildren>
    - i. Provides resources, publications and web links
2. American Diabetes Association
  - a. <http://www.diabetes.org/living-with-diabetes/parents-and-kids/diabetes-care-at-school/school-staff-trainings/training-resources.html>
    - i. NDEP's Helping the Student with Diabetes Succeed: A Guide for School Personnel
    - ii. Diabetes Care Tasks At School: What Key Personnel Need To Know
    - iii. Tips to Help Teachers Keep Kids with Diabetes Safe at School
    - iv. Helping Students with Diabetes Thrive in School
    - v. Also has many links to other information
3. School Health Associates – School Nurse Procedures
  - a. <https://schoolhealthassociates.com/school-nurse-procedures/>
    - i. Glucose Monitoring
    - ii. Ketone Testing
4. National Diabetes Education Program
  - a. <http://ndep.nih.gov/hcp-businesses-and-schools/Schools.aspx>
    - i. Diabetes Resources for Schools and Youth
    - ii. Diabetes Resources for Schools
    - iii. Diabetes Education for Children and Adolescents

- iv. Diabetes Education for Parents
- v. Related Resources
- 5. National Association of Chronic Disease Directors
  - a. <http://www.chronicdisease.org/?page=DiabetesSchoolResour>
    - i. Diabetes School Health Resources
- 6. Calorie King©
  - a. <http://www.calorieking.com/foods/>
    - i. Utilize when calculating carbohydrate amounts
- 7. Students with Diabetes *resources* - A Resource Guide for Wisconsin Schools and Families
  - a. <http://www.dhs.wisconsin.gov/publications/P4/P43063.pdf>
    - i. Has sample low/high blood sugar symptom sheets, has sample procedural instruction sheets with images/figures
- 8. Centers for Disease Control and Prevention
  - a. <http://www.cdc.gov/Features/DiabetesInSchool/>
    - i. Diabetes information for schools
- 9. Mayo Clinic
  - a. <http://www.mayoclinic.org/diseases-conditions/type-1-diabetes-in-children/basics/definition/con-20029197>
    - i. General information about disease in children
- 10. Kids Health from Nemours
  - a. [http://kidshealth.org/kid/centers/diabetes\\_center.html](http://kidshealth.org/kid/centers/diabetes_center.html)
    - i. Resource to assist in explaining diabetes to the elementary school age population
  - b. [http://kidshealth.org/teen/diabetes\\_center/treatment/treating\\_type1.html](http://kidshealth.org/teen/diabetes_center/treatment/treating_type1.html)
    - i. Resource that explains diabetes appropriate for the adolescent population
- 11. What Happens in Diabetes
  - a. <https://medlineplus.gov/diabetesmedicines.html>
    - i. Video & Cool Tools-Educational Tool for Teachers/Students
- 12. "Taking Diabetes to School" by Kim Gosselin Bayer HealthCare
  - a. Educational tool for Teachers/Students
- 13. IPAD apps: CalorieKing and ADA SoC-American Diabetic Association Standards of Care
- 14. Pump Meal Bolus Instructions
  - a. <http://www.ksno.org/wp-content/uploads/2017/02/Pump-Meal-Bolus-Instructions.pdf>
    - i. Contains simplified instructions for operation of insulin pumps was created by Children's Mercy Hospital in 2017. As changes are frequent with insulin pumps, users are encouraged to seek additional pump operation instructions using the websites provided by the manufacturers.
- 15. ADA - Safe at School: Chapter 1 - Diabetes Basics (4:38 minutes in length)
  - a. <https://www.youtube.com/watch?v=b9sGJHBakdY>

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