School Nurse Resources for Diabetes

This document was created to support the role of the school nurse in diabetes management in schools. It was written through a collaboration of school/public health nurses from school districts across Kansas (School Nurse Advisory Committee) and child health partners from local health departments, Kansas Department of Health & Environment’s Bureau of Health Promotion and Children and Families Section.

The following Web sites provide diabetes information and support for Kansas.

Kansas Diabetes Action Council  http://kansasdiabetesactioncouncil.org/


Children’s Mercy Hospital, Department of Endocrinology and Diabetes
http://www.childrensmercy.org/Clinics_and_Services/Clinics_and_Departments/Endocrinology_and_Diabetes/

https://www.childrensmercy.org/childhood-diabetes/

The following Web sites provide diabetes information and support for school nurses.

1. NASN
      i. Provides resources, publications and web links

2. American Diabetes Association
      i. NDEP's Helping the Student with Diabetes Succeed: A Guide for School Personnel
      ii. Diabetes Care Tasks At School: What Key Personnel Need To Know
      iii. Tips to Help Teachers Keep Kids with Diabetes Safe at School
      iv. Helping Students with Diabetes Thrive in School
      v. Also has many links to other information

3. School Health Associates – School Nurse Procedures
      i. Glucose Monitoring
      ii. Ketone Testing

4. National Diabetes Education Program
      i. Diabetes Resources for Schools and Youth
      ii. Diabetes Resources for Schools
      iii. Diabetes Education for Children and Adolescents
iv. Diabetes Education for Parents
v. Related Resources

5. National Association of Chronic Disease Directors
      i. Diabetes School Health Resources

6. Calorie King©
      i. Utilize when calculating carbohydrate amounts

7. Students with Diabetes resources - A Resource Guide for Wisconsin Schools and Families
      i. Has sample low/high blood sugar symptom sheets, has sample procedural instruction sheets with images/figures

8. Centers for Disease Control and Prevention
      i. Diabetes information for schools

9. Mayo Clinic
      i. General information about disease in children

10. Kids Health from Nemours
       i. Resource to assist in explaining diabetes to the elementary school age population
       i. Resource that explains diabetes appropriate for the adolescent population

11. What Happens in Diabetes
       i. Video & Cool Tools-Educational Tool for Teachers/Students

12. "Taking Diabetes to School" by Kim Gosselin  Bayer HealthCare
    a. Educational tool for Teachers/Students

13. IPAD apps: CalorieKing and ADA SoC-American Diabetic Association Standards of Care

14. Pump Meal Bolus Instructions
       i. Contains simplified instructions for operation of insulin pumps was created by Children’s Mercy Hospital in 2017. As changes are frequent with insulin pumps, users are encouraged to seek additional pump operation instructions using the websites provided by the manufacturers.

15. ADA - Safe at School: Chapter 1 - Diabetes Basics (4:38 minutes in length)
    a. https://www.youtube.com/watch?v=b9sGJHBakdY

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10/2017